The next questions ask about the use of alcohol, tobacco, marijuana, and other drugs, including pills or medications, to get "high" or for reasons other than medical, as ordered or prescribed by a doctor.

Keep the following definitions in mind:

- One drink of ALCOHOL, or alcoholic drink (beverage), means one regular size can/bottle of beer or wine cooler, one glass of wine, one mixed drink, or one shot glass of liquor.
- Questions about alcohol do **not** include drinking a few sips of wine for religious purposes.
- **DRUG** means any substance other than alcohol or tobacco, including pills and medications, used to get "high" ("loaded," "stoned," or "wasted") or for purposes other than prescribed by a doctor.
- VAPES or VAPE PRODUCTS: Electronic devices like vape pens, e-cigarettes, e-hookah, hookah pens, e-vaporizers, tanks, pods, or mods used to inhale a vapor. <u>Can be used to vape many things, including nicotine or just flavoring.</u> Popular brands are JUUL, Suorin, SMOK, Zodiac Constellation, and Stiiizy.

CALIFORNIA healthy kids SURVEY

In-School Core Survey

During your <u>life</u> , how many times have you used the following? Number of Times							
					_		7 or
		0 Times	1 Time	2 Times	3 Times	4–6 Times	More Times
47.	A cigarette, even one or two puffs	A	В	С	D	E	F
48.	A whole cigarette	A	В	C	D	E	F
49.	Smokeless tobacco (dip, chew, or snuff)	A	В	C	D	Е	F
50.	Vape products	A	В	C	D	Е	F
[AS	KED IF $Q50 = B, C, D, E, or F$						
50. A	Vaped tobacco or nicotine	A	В	C	D	E	F
50.I	B Vaped marijuana or THC	A	В	C	D	E	F
50.0	C Vaped other product	A	В	С	D	E	F
51.	One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)	A	В	С	D	Е	F
52.	Marijuana (smoke, vape, eat, or drink)	A	В	C	D	E	F
53.	Inhalants (things you sniff, huff, or breathe to get "high" such as glue, paint, aerosol sprays, gasoline, poppers, gases)	A	В	С	D	Е	F
54.	Relevan	A	В	C	D	E	F
55.	Any other drug, pill, or medicine to get "high" or for reasons other than medical	A	В	С	D	Е	F
Dur	ing your <u>life</u> , how many times have you been			NT 1	CTT:		
				Number	of Times		7 or
		0 Times	1 Time	2 Times	3 Times	4–6 Times	More Times
56.	very drunk or sick after drinking alcohol?	A	В	С	D	E	F
57.	"high" (loaded, stoned, or wasted) from using drugs?	A	В	С	D	E	F
58.	drunk on alcohol or "high" on drugs on school property?	A	В	С	D	Е	F

[APPLICABLE FOR LIFETIME MARIJUANA USERS ONLY – Ask of students who reported ever using marijuana [IF Q52 = B, C, D, E, or F]

During your <u>life</u>, how many times have you used marijuana in any of the following ways:

				Number	of Times		7 or
		0 Times	1 Time	2 Times	3 Times	4–6 Times	More Times
59.	Smoke it?	A	В	C	D	E	F
60.	In a vaping device (vape pens, mods, or portable vaporizers)?	A	В	C	D	E	F
61.	Eat or drink it in products made with marijuana?	A	В	C	D	Е	F
		7					
Duri	ng the past <mark>30 days</mark> , on how many <mark>days</mark> did yo	u use	•				
		0 Days	1 Day	2 Days	3-9 Days	10-19 Days	20-30 Days
62.	cigarettes?	A	В	С	D	Е	F
63.	smokeless tobacco (dip, chew, or snuff)?	A	В	С	D	Е	F
64.	vape products?	A	В	C	D	Е	F
[AS]	KED IF $Q64 = B$, QD , E , or E						
64.A	Vaped tobacco or nicotine	A	В	C	D	E	F
64.B	Vaped marijuana or THC	A	В	C	D	E	F
64.C	Vaped other product	A	В	C	D	E	F
65.	one or more drinks of alcohol?	A	В	C	D	Е	F
66.	five or more drinks of alcohol in a row, that is, within a couple of hours?	A	В	С	D	Е	F
67.	marijuana (smoke, vape, eat, or drink)?	A	В	C	D	Е	F
68.	inhalants (things you sniff, huff, or breathe to get "high")?	A	В	С	D	Е	F

CALIFORNIA healthy kids SURVEY

In-School Core Survey

During the past 30 days, on how many days did you use...

		0	1	2	3-9	10-19	20-30
		Days	Day	Days	Days	Days	Days
69.	any other drug, pill, or medicine to get "high" or for reasons other than medical?	A	В	С	D	Е	F

During the past 30 days, on how many days on school property did you...

		0 Days	1 Day	2 Days	3-9 Days	10-19 Days	20-30 Days
70.	smoke cigarettes?	A	В	C	D	E	F
71.	use smokeless tobacco (dip, chew, or snuff)?	A	В	C	D	Е	F
72.	vape?	A	В	C	D	Е	F
73.	have at least one drink of alcohol?	A	В	C	D	E	F
74.	use marijuana (smoke, vape, eat, or drink)?	A	В	C	D	E	F
75.	use any other drug, pill, or medicine to get "high" or for reasons other than medical?	A	В	С	D	Е	F
76.	breathe the smoke or vapor from someone who was using cigarettes or e-cigarettes?	A	В	C	D	Е	F

How much do people risk harming themselves physically and in other ways when they do the following?

	Great	Moderate	Slight	None
Smoke cigarettes occasionally	A	В	C	D
Smoke 1 or more packs of cigarettes each day	A	В	C	D
Vape tobacco or nicotine occasionally	A	В	C	D
Vape tobacco or nicotine several times a day (100 puffs or more)	A	В	С	D
Drink alcohol (beer, wine, liquor) occasionally	A	В	C	D
Have five or more drinks of alcohol once or twice a week	A	В	C	D
	Smoke 1 or more packs of cigarettes each day Vape tobacco or nicotine occasionally Vape tobacco or nicotine several times a day (100 puffs or more) Drink alcohol (beer, wine, liquor) occasionally	Smoke cigarettes occasionally A Smoke 1 or more packs of cigarettes each day A Vape tobacco or nicotine occasionally A Vape tobacco or nicotine several times a day (100 puffs or more) A Drink alcohol (beer, wine, liquor) occasionally A	Smoke cigarettes occasionally Smoke 1 or more packs of cigarettes each day A B Vape tobacco or nicotine occasionally A B Vape tobacco or nicotine several times a day (100 puffs or more) A B Drink alcohol (beer, wine, liquor) occasionally A B	Smoke cigarettes occasionally A B C Smoke 1 or more packs of cigarettes each day A B C Vape tobacco or nicotine occasionally A B C Vape tobacco or nicotine several times a day (100 puffs or more) Drink alcohol (beer, wine, liquor) occasionally A B C

How Much Risk or Harm

How Much Risk or Harm

		Great	Moderate	Slight	None
83.	Use marijuana occasionally (smoke, vape, eat, or drink)	A	В	C	D
84.	Use marijuana daily	A	В	C	D

How difficult is it for students in your grade to get any of the following if they really want them?

		Very Difficult	Fairly Difficult	Fairly Easy	Very Easy	Don't Know
85.	Cigarettes	A	В	С	D	E
86.	Vape products	A	В	c	D	Е
87.	Alcohol	A	В	С	D	Е
88.	Marijuana	A	В	C	D	Е
89.	Prescription drugs to get "high" or for reasons other than prescribed	A	В	C	D	Е

- Does your school ban tobacco use and vaping on school property and at school sponsored events? 90.
 - A) No
 - B) Yes
 - Don't know
- 91. In a normal week, how many days are you home after school for at least one hour without an adult there?
 - Never A)
 - 1 day
 - 2 days
 - 3 days
 - 4 days
 - 5 days

Next are questions about violence, safety, harassment, & bullying on school property.

- **92.** How safe do you feel when you are at school?
 - A) Very safe
 - B) Safe
 - C) Neither safe nor unsafe
 - D) Unsafe
 - E) Very unsafe

During the past 12 months, how many times on school property have you...

		Happened on School Property				
		0	1	2 to 3	4 or More	
		Times	Time	Times	Times	
93.	been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	A	В	С	D	
94.	been afraid of being beaten up?	A	В	C	D	
95.	been in a physical fight?	A	В	C	D	
96.	had mean rumors or lies spread about you?	A	В	C	D	
97.	had sexual jokes, comments, or gestures made to you?	A	В	C	D	
98.	been made fun of because of your looks or the way you talk?	A	В	C	D	
99.	had your property stolen or deliberately damaged, such as your car, clothing, or books?	A	В	C	D	
100.	been offered, sold, or given an illegal drug?	A	В	C	D	
101.	damaged school property on purpose?	A	В	C	D	
102.	carried a gun?	A	В	C	D	
103.	carried any other weapon (such as a knife or club)?	A	В	C	D	
104.	been threatened or injured with a weapon (gun, knife, club, etc.)?	A	В	C	D	
105.	seen someone carrying a gun, knife, or other weapon?	A	В	C	D	
106.	been threatened with harm or injury?	A	В	C	D	
107.	been made fun of, insulted, or called names?	A	В	C	D	

During the past <u>12 months</u>, how many times on school property were you harassed or bullied for any of the following reasons? [You were bullied if you were shoved, hit, threatened, called mean names, teased, or had other unpleasant physical or verbal things done to you repeatedly or in a severe way. It is **not bullying** when two students of about the same strength or power quarrel or fight.]

		Happened on School Property				
		0	1	2 to 3	4 or More	
	_	Times	Time	Times	Times	
108.	Your race, ethnicity, or national origin	A	В	C	D	
109.	Your religion	A	В	C	D	
110.	Your gender	A	В	C	D	
111.	Because you are gay, lesbian, or bisexual or someone thought you were	A	В	С	D	
112.	A physical or mental disability	A	В	C	D	
113.	You are an immigrant or someone thought you were	A	В	C	D	
114.	Any other reason	A	В	C	D	

- 115. During the past <u>12 months</u>, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?
 - A) 0 times (never)
 - B) 1 time
 - C) 2–3 times
 - D) 4 or more times
- 116. Do you consider yourself a member of a gang?
 - A) No
 - B) Yes
- 117. During the past <u>12 months</u>, did you ever feel so sad or hopeless almost every day for **two weeks or more** that you stopped doing some usual activities?
 - A) No
 - B) Yes
- 118. During the past 12 months, did you ever seriously consider attempting suicide?
 - A) No
 - B) Yes

Over the past 30 days, how true do you feel these statements are about you?

		Not At All True	A Little True	Pretty Much True	Very Much True
119.	I had a hard time relaxing.	A	В	C	D
120.	I felt sad and down.	A	В	С	D
121.	I was easily irritated.	A	В	C	D
122.	It was hard for me to cope and I thought I would panic.	A	В	C	D
123.	It was hard for me to get excited about anything.	A	В	C	D

Please tell us how true each statement is of you.

		Not At All True	A Little True	Pretty Much True	Very Much True
124.	Each day I look forward to having a lot of fun.	A	В	C	D
125.	I usually expect to have a good day.	A	В	C	D
126.	Overall, I expect more good things to happen to me than bad things.	A	В	С	D

Please describe your level of satisfaction below

I would describe my satisfaction with...

		Very Dissatisfied	Dissatisfied	A Little Dissatisfied	A Little Satisfied	Satisfied	Very Satisfied
127.	my family life as	A	В	C	D	Е	F
128.	my friendships as	A	В	C	D	Е	F
129.	my school experience as	A	В	C	D	Е	F
130.	myself as	A	В	C	D	Е	F
131.	where I live as	A	В	C	D	E	F

- 132. How many questions in this survey did you answer honestly?
 - A) All of them
 - B) Most of them
 - C) Only some of them
 - **D)** Hardly any