

ANABOLIC STEROIDS

The Governing Board recognizes that the use of anabolic steroids presents a serious health hazard to students. The Superintendent or designee shall make every effort to ensure that students neither begin nor continue the use of anabolic steroids.

Teachers of seventh grade science, ninth grade health, and physical education shall include a lesson on this hazard in instructional programs for Grades 7-12. (Education Code 51262)

Students who participate in athletics shall receive information about the hazards of anabolic steroids from their coaches.

The following warning, reproduced in 10-point bold type, shall be posted in every locker room: (Civil Code 1812.97)

Warning: Use of steroids to increase strength or growth can cause serious health problems. Steroids can keep teenagers from growing to their full height; they can also cause heart disease, stroke, and damaged liver function. Men and women using steroids may develop fertility problems, personality changes, and acne. Men can also experience premature balding and development of breast tissue. These hazards are in addition to the civil and criminal penalties for unauthorized sale, use or exchange of anabolic steroids.

Legal Reference:

EDUCATION CODE

51262 Use of anabolic steroids; legislative funding and declaration

CIVIL CODE

1812.97 Warning statement; posting; athletic facilities; anabolic steroids