

BICYCLE SAFETY/HELMET USE

The Capistrano Unified School District believes in providing for the safety and well-being of all students while at school or en route to and from school. In order to ensure a higher level of safety for students who ride bicycles to school, the Board requires the use of bicycle helmets for students while riding bicycles to and from school.

Studies have shown that helmet use is effective in reducing the severity of head injuries resulting from bicycle accidents. While bicycle injuries are often the result of accidents with cars, it is also true that simply falling while riding a bicycle can cause severe head injury. Helmet use is the logical way to protect everyone who rides a bicycle.

Areas of Responsibility

1 School Administration:

The principal will work with the constituent school groups to communicate safety practices which include the requirement of wearing helmets while en route to school or when returning home.

2. Teachers:

Teachers will continue to teach and support bicycle safety curriculum in the classroom environment.

3. Community Law Enforcement:

The community and relevant law enforcement agencies will continue to provide support for presentation bicycle safety messages to staff and students, including the value of wearing a helmet to mitigate head injuries.