## How to Keep Your Family Healthy During the Holidays



## Join Dr. Kayla Ramsey for a Virtual Town Hall

Tuesday, December 15 6:00 p.m.

Register Here: <a href="https://bit.ly/CUSDHoagDec">https://bit.ly/CUSDHoagDec</a>

Visit <u>HoagMedicalGroup.com/SanClemente</u> to learn more about Dr. Ramsey and Hoag Medical Group.



