

# Active Parenting First Five Years Course

IF YOU HAVE A CHILD, CHANCES ARE YOU'VE HAD YOUR FAIR SHARE OF CHALLENGING DAYS. JOIN OUR FUN AND INTERACTIVE CLASSES!

Classes available at NO COST TO ORANGE COUNTY parents and caregivers. Class size is limited.

Pre-registration is required.

Contact: Newport Mesa FRC

<u>NewportMesaFRC@factoc.org</u> | 949-764-8100

Parenting class via Zoom In English. Join us from the comfort of your own home, smartphone or computer!

Schedule: Tuesday's, 5:30 pm - 7:30 pm October: 10, 17, 24 | November: 7, 14, 21 \*No class on October 31st

### **AGENDA**

- Session 1: Welcome & Introductions
- Session 2: You and Your Child
- Session 3: Preventing Problems
- Session 4: Encouraging Positive Behavior
- Session 5: Preparing for School Success
- Session 6: Putting it all together and Graduation





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Hosted by:
Mission Viejo Library

To pre-register
<a href="https://forms.office.com/r/v0WPAUyYdA">https://forms.office.com/r/v0WPAUyYdA</a>
or use the QR code below

Join our parenting class in-person (In English)
Childcare will be provided FREE of cost!

Mission Viejo Library 100 Civic Center, Mission Viejo, CA 92691

Schedule: Saturdays, 2:00-4:00pm Oct 14, 21, 28 | Nov 4, 18 Off: Nov 11

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Contact <u>evelina-panossian@olivecrest.org</u>
714-361-4375

Parenting class via Zoom (in English)

Join us from the comfort of your own home with your

smartphone or computer!

Schedule: Thursdays 5:30 p.m. - 7:30 p.m. October: 26, November: 2, 9 ,16, 30 December: 7

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