

OUR CLINIC LOCATIONS

6301 Beach Boulevard, Suite 245
Buena Park, CA 90621

680 Langsdorf Drive, Suite 200
Fullerton, CA 92831

525 Cabrillo Park Drive, Suite 300
Santa Ana, CA 92701

Opening July 2018

3551 Camino Mira Costa, Suite 'T'
San Clemente, CA 92672

ADDITIONAL LOCATIONS COMMUNITY-BASED CARE

In addition to our clinic locations, we offer our quality counseling services at numerous Family Resource Center (FRC) locations across Orange County. Walk-in appointments are often available. For more information about Family Resource Center Services go to www.FaCToc.org



REFERRALS WELCOME!

We welcome self-referrals, referrals from schools, pediatricians, children and family services and community partners.

OUR MISSION

Empowering children, youth and families to reach their full potential through innovative mental health services.

OUR PROMISE

To uphold our reputation of excellence by providing the highest quality compassionate, comprehensive and confidential care to benefit the children, the families and the community we serve.



WE ARE HERE TO HELP!

Call us at 714.953.4455. You may qualify for free or low cost care based on income. Medi-Cal and other insurance accepted. All calls are confidential.



Celebrating 50 Years

**CHANGING LIVES
SINCE 1967**

714.953.4455

info@cgcinc.org

www.childguidancecenter.com

Hablamos Español

OUR SERVICES INCLUDE

- Evaluation and Crisis Intervention
- Individual, Family and Group Therapy
- Psychological Assessment
- Medication Consultation and Support
- In-Home and In-School Services
- Parenting Education and Workshops
- Foster and Adopt Family Support
- Training for Mental Health Providers



OUR SPECIALTY SERVICES

- **Parent-Child Interaction Therapy (PCIT)** is a brief-term, parent coaching approach proven to enhance parent-child relationships, improve child behaviors and empower parents to use effective, consistent parenting strategies. Utilizing an ear-piece and one-way mirror, therapists observe and instruct parents "in the moment" to address unwanted behaviors. www.pcitmethod.com



CHILD GUIDANCE CENTER

Founded in 1967 by a group of concerned parents and mental health professionals, Child Guidance Center is a leading Orange County nonprofit dedicated to improving the mental health of children and families. Our team of compassionate, professional, and multilingual/multicultural clinicians are here to help you.



OUR SPECIALTY SERVICES

In addition to traditional counseling services, Child Guidance Center is a leader in identifying and offering innovative, evidence-based therapies that are proven effective. These include:

- **Trauma Focused Cognitive Behavioral Therapy (TF-CBT)** for children 3-18 who have behavioral and emotional difficulties related to traumatic life events, including loss and grief.
- **Program for the Education and Enrichment of Relational Skills (PEERS®)** is specific to children/teens on the autism spectrum, helping them to make and keep friends and avoid being targeted for bullying. Group sessions.

- **Strong Families Strong Children** program provides supportive services to meet the unique needs of veteran and military families. Our military-connected staff offer direct access to mental health, education, employment, housing, basic needs, legal services and much more. www.ocstrongfamilies.com



WE CAN HELP!

- Emotional & Behavioral Challenges
- Anxiety, Depression, Post-Traumatic Stress
- Anger and Stress Management
- Trauma, Loss, Grief
- Attention-Deficit/Hyperactivity Disorder
- Social Support for Those on Autism Spectrum
- Family Struggles, Transitions, Sibling Rivalry
- Self-Harm Behaviors, Eating Disorders
- Child Abuse and Neglect
- Teen Defiance, Mood-Swings
- Life Transitions
- Relationship Building, Parent-Child Attachment

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