



# Life without limits

for children with disabilities™

**HOPE** realized at a Center offering life-changing therapies for speech, physical, and occupational development.


**BELIEVE** in the impactful, long-term outcomes made possible with early interventions for developmental delays.

**CHOOSE** trained caregivers in safe and enriched environments, providing parents with valuable independent time.

**EMPOWER** families of children with disabilities through access to critical resources and support.

**INSPIRE** children with disabilities to play, to create friendships, and to express themselves to the fullest.

**IMAGINE** a life without limits for every child by supporting programs that help children with disabilities reach their full potential.



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## Our Mission Statement

The mission of UCP-OC is to help children with disabilities reach their full potential and improve the quality of life for their families.



**1 out of 6 children**  
in the U.S. have one or more developmental disabilities or other developmental delays.

## Every year, UCP-OC provides

**16,352** therapy sessions

**3,543** in-home early intervention visits

**554** recreation opportunities

**5,392** children and family members served

**105,455** hours of respite and inclusive childcare

We work with a range of disabilities - from autism spectrum disorder, developmental delays, speech and language disorders, Down syndrome, cerebral palsy, and more.

## UCP of Orange County

980 Roosevelt, Suite 100, Irvine, California 92620

 949.333.6400

 [info@ucpoc.org](mailto:info@ucpoc.org)

 [ucpoc.org](http://ucpoc.org)

Facebook: @ucpoc | Twitter: @UCPOC | YouTube: UCPOC



# Programs and Services

At UCP-OC, we help children with disabilities reach their full potential. Through our six programs, we work with children and families to improve their quality of life and live a life without limits.



## Therapy

UCP-OC's Therapy Center is a play-based environment for children, ages 0-22. Treatment plans are individualized and address conditions from simple developmental delays to more complicated lifetime circumstances.

**Occupational Therapy** focuses on teaching children the activities of daily living and self-care, such as feeding, handwriting, and sensory and motor skills.

**Physical Therapy** empowers children to move through developing their gross motor skills, balance, coordination, and strength.

**Speech Therapy** assists children in communicating effectively through speech and language development, as well as improve feeding abilities.



## Family Support Services

### Informational Workshops

Informational workshops are scheduled throughout the year, and may include:

- IEP Rights and Strategies
- Assistive Technology
- Behavior Management
- Guardianships, Special Needs Rights and Conservatorships
- Social Skills
- Transition Services at Age 3
- Community Resources and Referrals
- Family Connections
- Parent Network



## Early Intervention

### In-home

UCP-OC Child Development Specialists provide early intervention services for children, ages 0-3, with developmental delays. In-home services are available for the comfort of both the child and family. Specialists work to develop a wide-range of skills, from cognition, language, social/emotional, gross Motor, fine motor, and adaptive behavior. They also:

- Deliver specialized services at the family's home, where the child can naturally learn and develop. Infants and toddlers are eligible for early intervention services.
- Support, empower, and educate parents and siblings.
- Provide services in the child's home, at parks, learning centers, nursery schools, community centers and rehabilitation hospitals.
- Work closely with families to encourage and promote the child's development to their full potential, while providing evaluations and goals for each child, helping them meet developmental milestones.



## Recreation

UCP-OC offers inclusive after-school, evening, weekend, and summer recreational opportunities to children and their families. Instructed by professionals in their field and community partner organizations, we offer a trial rate for most 4-, 6-, or 8-week classes. Our wide-range of recreational classes cater to each child's interests, whether art, design, dance, fitness, science, yoga, and music. We also offer special events such as Ninja Warrior Training and OC Bike Camp!



## Inclusive Childcare

Providing a safety net for working families, children with special needs are included in a typical after-school care setting.

We assist with:

- Safety and behavior management
- Self-help skills, such as toileting needs
- Facilitating inclusion
- Increasing independence
- Promoting appropriate socialization



## Respite Care

UCP-OC provides trained caregivers to children with special needs, and their families, giving parents or guardians an opportunity to leave the home with peace of mind while they are away.

With their caregiver, children are able to pursue activities both in and outside the home, in addition to having a more safe and enriched experience. Caregivers also provide:

- Staff training that's specific to the unique needs of each family
- Sibling support (at an additional cost)



Learn more at [ucpoc.org](http://ucpoc.org)

