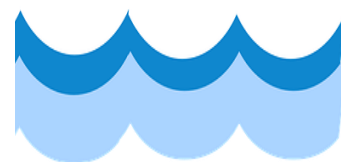




Learn to Sail



UCP-OC is delighted to collaborate with Sailing Fascination to offer 2-hour **free**, **private**, and **adaptive** sailing lessons in Newport Harbor, Saturdays from 12PM—2PM as part of our Recreation Center! Parent, guardian, caregiver, or respite worker are encouraged to accompany as valued crew members, and captains with disabilities must be at least 14 years old. *Are you ready to set sail with us?*

- Space is limited to 1 student per 4-week session, and will be assigned on a first-come first-serve basis
- Captains with disabilities can bring up to 2 accompanying crew members (respite staff or caregivers)
- Captains must be able to step on/off the vessel without assistance and follow instructions
- Ability to swim is not required, life-vests will be provided

SIGN UP:

Contact Alicia Stearns at astearns@ucpoc.org or 949-333-6430