

Capistrano Unified School District
FEBRUARY 2019 MTSS NEWSLETTER:
POSITIVE REINFORCEMENT

What is MTSS?

CUSD is making a commitment to increase the social emotional, behavior, and academic support for all of our young people. We call this focused approach to organizing and providing support: “Multi-tiered System of Supports” or “MTSS.”

MTSS Focus for February: *Positive Reinforcement*

For the month of February we are emphasizing the importance of **positive reinforcement** as part of our “behavioral” support for all students. When students are provided with positive reinforcement, it will increase their motivation and inspire them to learn positive habits that will be beneficial and fruitful throughout their lives.

Family Resources: *Positive Reinforcement*

The following articles and resources are available for your family to learn more about positive reinforcement and strategies you can use at home:

“Reward the effort, not the achievement itself. Progress, not perfection.”

Learn more in the following article:

- [*51 Reward Ideas to Motivate and Inspire your Kids*](#)

“Social rewards are rewards of someone’s time and attention. A parent’s attention can be the most rewarding for a child.” Learn more in the following article:

- [*Using Rewards to Improve Behavior*](#)

“Kids who receive positive reinforcement for their good work are motivated to keep working hard. So it’s important to reward the behavior you want to see more often.” Learn more in the following article:

- [*Positive Reinforcement to Improve a Child’s Behavior*](#)

Parenting Workshop for February: *Positive Reinforcement*

To support our families and provide parenting strategies to support their children’s behavioral needs, we are offering the following parent workshop during the month of February:

[*“Parenting: Using Rewards and Consequences”*](#)

Thursday, February 7, 2019 from 9-10 am at the District Office (Room #3)

Presented by Western Youth Services (WYS), the purpose of this parent workshop is to review what strategies parents can utilize when implementing a reward/consequence system for their children. The workshop will be conducted in English with Spanish interpretation.

Space is limited! Please click this link to RSVP:

<https://goo.gl/forms/nFV02R5yRtGFv7Q63>

Interested in More Resources? Visit the Online Family Resource Center!

To find more valuable resources and services related to our MTSS, visit the **ONLINE** CUSD Family Resource Center! To access MTSS information in the Family Resource Center, click here <http://sped-capousd-ca.schoolloop.com/frc> or find the “FRC Resource Tree” symbol on your school’s website and click on “**Multi-tiered System of Supports (MTSS):**”

https://sped-capousd-ca.schoolloop.com/pf4/cms2/view_page?d=x&group_id=1535527121766&vdid=ih5g1ymaa190



*For more articles, resources, and videos regarding MTSS,
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