

Capistrano Unified School District

NOVEMBER MTSS NEWSLETTER: CLEAR EXPECTATIONS

What is MTSS?

CUSD is making a commitment to increase the social emotional, behavior, and academic support for all of our young people. We call this focused approach to organizing and providing support: “Multi-tiered System of Supports” or “MTSS.”

MTSS Focus for November: *Clear Expectations*

For the month of November we are emphasizing the importance of clear expectations as part of our “behavior” support for all students. When schools and families establish and communicate clearly defined expectations for behavior, all students benefit.

Family Resources

The following articles and resources are available for your family to learn more about clear expectations and strategies you can use at home:

Getting Behavior in Shape at Home (English)

<https://www.pbis.org/common/cms/files/pbisresources/behaviorshape.doc>

Encourage Your Child’s Positive Behavior and School Success: Creating a Home Plan with School-wide Positive Behavior Interventions and Supports

<https://www.pacer.org/parent/php/PHP-c218a.pdf>

Setting Expectations for Children

<http://www.parenting-by-example.com/setting-expectations-for-children-441>

The Importance of Setting Limits for Your Child

<https://health.usnews.com/wellness/for-parents/articles/2017-06-26/the-importance-of-setting-limits-for-your-child>

Parenting Workshops for November

To support our families and provide parenting strategies to support their children’s social-emotional needs, we are offering the following parent workshop during the month of November:

“Guiding Good Choices”

- 6-7 pm at the District Office

Presented by Western Youth Services (WYS), “Guiding Good Choices” is an evidence-based workshop for parents of children ages 9-14 where parents learn specific strategies to promote healthy behaviors in children. Each parent will receive a workbook that guides them through the various sessions and activities. Space is limited! Please click this link to RSVP: <https://goo.gl/forms/bsIGWZVmgxyMj4uE3>

Interested in More Resources? Visit the Online Family Resource Center!

To find more valuable resources and services related to our MTSS, visit the **ONLINE** CUSD Family Resource Center! To access MTSS information in the Family Resource Center, click here <http://sped-capousd-ca.schoolloop.com/frc> or find the “FRC Resource Tree” symbol on your school’s website and click on “**Multi-tiered System of Supports (MTSS)**.”



*For more articles, resources, and videos regarding MTSS,
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