

Parenting in Today's Society



Outreach & Engagement

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✓ Free Services for All Ages

- Case Management.
- Workshops.
- Support Groups.
- Referral & Linkage.

✓ Services are available for all who live in Orange County

WYS CLINIC

✓ Therapy

- Up to the age of 21
- Medical



Parenting



Why does it seem so hard to parent today?

Was it always this difficult?



In defense of Old School Parenting

“Look at me I turned out alright”

**What good things do you
remember and what do you not
wish upon your own kids?**

What were some positives of old-school parenting?

- Firm discipline
- Respect
- Hard work



What were some negatives of old school parenting?

- Lack of emotional support - “Because I said so”
- Physical abuse (Belt, Shoe, Switch, Paddle)
- Corporal punishment (Spanking and yelling)
- Modeling – “Do as I say not as I do”



Discussion

1. What are some positives on how you were raised?
2. What are some negatives on how you were raised?



"We've tried various forms of discipline, and we find that radio control works best."

Why is parenting different today?

Our life is a public platform by choice

- **Explosion of Information – (Internet, Cable TV, Social Media)**
- **Social Narcissism (Everything is perfect – look at me and my food)**
- **Social Shaming (You aren't doing it right, parent bullying)**
- **Higher expectations (Everyone has to be the valedictorian, pianist, violin playing, AP classes)**

How do we parent in today society



- **Externals (Structure, stability, boundaries)**
- **Internals (Emotional and Relational)**

Externals

1. Structure (Rules, guidelines, expectations, rewards, consequences)
2. Stability (Home life, routines, support systems)
3. Boundaries (Safety, friends, consequences)

Externals

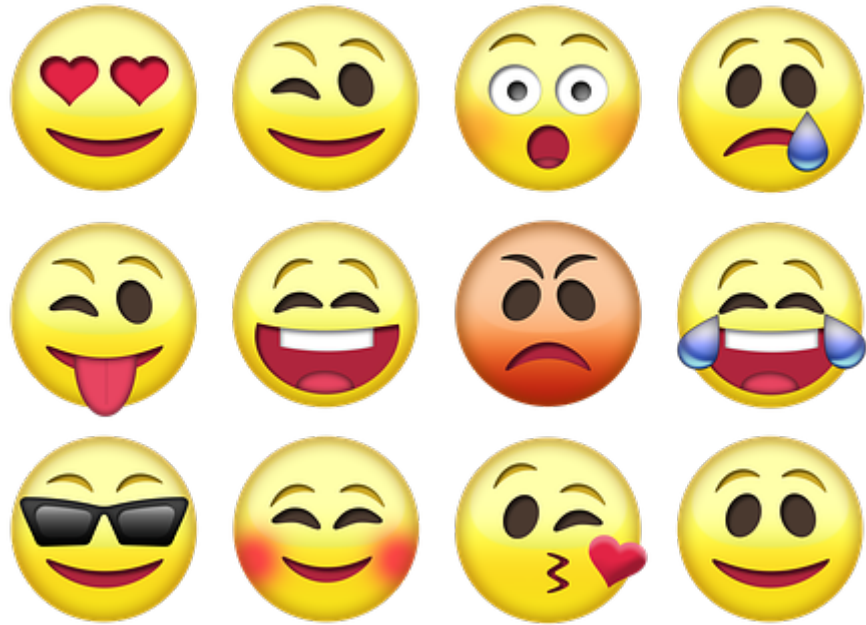
1. What are some ground rules in your home and why are they important to you?
2. Does your ground rule have any room for discussion?

RULES:

- 1.
- 2.
- 3.



Internals (Emotional & Relational)



- Talk with your kids
- Be a listener not a nagger
- Affirm them in the smallest things
- Guide them to make good decisions
- Love them unconditionally

Problem Solving Flowchart

1. Ask Open Ended Questions

**2. Listen don't judge
"Tell me more"**

3. Coach to provide solutions

4. Guide & Affirm

**5. Allow ability for child to
follow up with you**

Problem Solving Flowchart

Scenario:

Your child gets into the car after school and shares with you that Johnny got busted with a Vape (charger) in his backpack.

Using the problem solving flow chart pair up with someone and role play this situation.

1. Ask Open Ended Questions

**2. Listen don't judge
"Tell me more"**

3. Coach to provide solutions

4. Guide & Affirm

5. Allow ability for child to follow up with you

Discussion

What challenged you?

What is something you feel affirmed of?

What is something new you want to try with your kids?

Conclusion

**“There is no such thing as a perfect parent so just
be a real one.”**