

Who do you call when you need help?

Shelter

Food

Mental Healthcare
& Counseling

Substance Abuse
Resources

Healthcare

Employment
Resources

Parenting
Education

Rental Assistance

Elder Care

Legal Assistance

And More...



When you contact 2-1-1, a Referral Specialist will help you find the help you need by connecting you to the nonprofits and government agencies that provide assistance in our community.



Dial 2-1-1 (Toll Free) or 888-600-4357
referrals@211oc.org

www.211oc.org