Materials needed for the Ability Awareness Events by Stations

**“Character Counts”:** Any laminated pictures or materials used to educate children about 6

Pillars of Character

**“All Mixed Up”:** 12 copies of each story (4 Stories in Ability Awareness Program Guide)

laminated or one poster of each on a board/frame

**“Allergies”:** Epi pen (or picture of one), pictures of different foods laminated (such as peanuts,

peanut butter, peanut oil, strawberries, shrimp/shellfish, eggs, wheat, and soy, as well as a bee/

wasp. Glitter. Large poster of https://www.sitters.co.uk/blog/babysitting-children-with-foodallergies-

and-intolerances.aspx and https://bioresonance.com/bioresonance-therapy-andfood-

allergies/ or something similar would be helpful.

**“Amazing Wheels”:** Wheelchairs (2-5), bean bags (same number as wheelchairs), buckets,

small hose or large rope, cones, ball

**“Blind Visualization”:** metronome

**“Braille”:** White board or poster board with the word “cat” written in braille (with dots). Copies

of braille letters from Braille Press website. Papers. Markers. Real Braille Alphabet cards can be

ordered from the Braille Press. Optional: braille boxes can be created by taking a shoe box and

6 holes on the top. Use 6 golf tees for the 6 possible positions in each braille letter. Boxes can

be made for just one letter, or with more holes to create a word.

**“Can You Understand Me?”:** pencils, copy of worksheet for every student (Suggestion: 30

copies of laminated worksheet and dry markers) Worksheet suggestions: https://

www.twinkl.co.uk/resource/t-t-2547400-teddy-bear-outline-activity-sheet

**“Funny You Should Ask”:** Marshmallows, napkins, box of props (pennies, paperclips,

toothpicks, etc), question cards laminated

**“Get A Grip!”:** pencils, large straws cut in half (one half straw per pencil; straw must be large

enough to fit over a pencil often found in big box stores), pencil sharpener, (optional colored

pencils), worksheet

**“Men’s Shirts”:** 5 mens button down shirts, 2-3 zippered jackets

**“Mirror, Mirror on the Wall”:** Mirrors, golf pencils, paper or mazes, hand covers (card stock with

two folds to cover hand) (Suggestion: 30 copies of mazes on papers laminated, dry markers)

**“One Subject”:** 2 display boards (2 poster boards, 2 white easel sheets, or a white board split

with paper covering half of white board), tape. Cards printed and cut (suggestion: laminated)

**“Red Blue White”:** Color cards: red card with word blue written on it in green, blue card with

word green on it in yellow, yellow card with word red written on it in blue, green card with the

word yellow on it in red.

**“Tunnel Vision”:** Paper cups

**“Straw Jump Rope”:** Straws, preferably not bendable, jump ropes,Trash can or bag to dispose

of straws.

“**Walking Tall”:** Walkers (2-5), plastic cup (5-10), jug of water, 5 ace bandages, optional cones

**“Wandering Minds”:** distracting objects (sound machine app on phone, whistle, etc), pencils,

paper, 4 large hardback books, 4 clicking pens, (optional) pencil sharpener. Dry erase board for

visual cues.

**“Wacky Words”:** Copies of tongue twisters laminated

“**What do you see?”:** photos of 4 famous people with disabilities (Suggestions: Albert Eistein,

Autism; Steven Spielberg, Dyslexia; Tomas Edison, Dyslexia and ADHD; Hellen Keller, Deaf &

Blind), as well as a person with a physical disability (suggestion: Stephen Hawkins, ALS).

**“What is Adapted Physical Education? A.P.E**”: stopwatch, Ace bandages, yarn balls, scooter

boards, 8 inch playground balls, cones, visuals, such as playground chalk directions and/or

laminated signs.

**“What’s in the box?”:** 2 boxes, small containers, cotton balls, several smell items (rosemary

branch, pine needles, vanilla, lavender, baby powder, green apple, etc), small items with

various textures (something metal, pointy, rough, smooth, wet, slimy etc)

**“Where’s the Target?”:** 2-3 target boards and 2-3 beanbags or balls, 2-3 blurred vision

eyeglasses (or vaseline and regular glasses), wipes and paper towels

**“Words can hurt”:** blindfold (handkerchiefs or cut up fabric)