



# Adult Transition Program

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The Adult Transition Program in Capistrano Unified School District (CUSD) prepares young adults (ages 18-22) with moderate to severe disabilities for independent living and employment through individualized programs.

Offers a full day program 5 days a week and focuses on community based and vocational skills, such as using the bus system, working at job training sites, and participating in the community.

The Adult Transition Program is designed for special education students ages 18-22 years of age who have completed high school with a certificate of completion. The students eligible for the ATP have moderate to significant disabilities and require specialized academic instruction and assistance learning functional skills and applying them in the community.

The focus of the ATP services and staff/support is to provide an individualized education program which promotes independent living and employment according to each student's unique needs. The communication needs of all students in the ATP program are supported by a Speech Language Pathologist (SLP) through collaboration for a minimum of 30 minutes, weekly, in the form of group communication lessons in the classroom and/or community. The SLP also consults with ATP staff to develop, implement and monitor communication goals for each student annually for 30 minutes.

## **Program Components**

- Small class structure - Classes are designed to provide specialized academic instruction to individuals with more intensive needs.
- Person-centered Planning is used to develop programs for students
- Social skills development embedded into daily structure
- Instruction is provided in five common areas that adults experience:
  - Domestic/independent living
  - Career/vocational
  - Recreation/leisure
  - General community
  - Functional Academics
- Community Based Instruction (CBI) is used to reinforce skills learned in the settings where the skills will be used.
- Career Preparation staff assist students in accessing work experiences and obtaining jobs. Supported work opportunities are provided to students based on their skills and needs.
- As appropriate, students are able to access classes at Saddleback Community College.
- Consultation with support agencies (for example - Regional Center, Department of Rehabilitation, etc.) is included as appropriate for each student.



# Continued Learning for Adult with Special Services

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CLASS is a Post-Secondary program in Capistrano Unified School District (CUD) that serves students who have an IEP, who have finished 4 years of High School, and did not obtain a High School Diploma. Typically students attend for 1 to 3 hours a week through appointments. Students work directly with our CLASS staff individually, or in group activities. CLASS offers support for Certificate Track and Diploma Track students in the following areas

## **High School Diploma**

Provide direct, individualized instruction in all courses required for graduation.  
One-on-one setting, independent study with additional support as needed.  
Optional participation in end of year graduation ceremony, once eligible.

## **Career Awareness**

Classroom instruction for our work skills class include the following activities for obtaining and maintaining employment: Job application preparation, interview techniques, mock interviews, resume development, career exploration, appropriate on the job work behaviors, grooming and hygiene, and job search. Our priority is to facilitate for our students the self-confidence and experience they require to gain and retain employment.

## **Employment Related Social Skills**

Whether you are just beginning your employment search, ready to interview, currently employed, or ready to try a new position, these sessions will provide you with social and communication skills that will help you succeed. During sessions, you will have an opportunity to develop skills tailored to your specific goals and circumstances.

## **High School Equivalency**

- Develop plan for successful completion of high school equivalency testing.
- Provide assistance with remediation, preparation and registration for testing.
- Provide support with applying for testing accommodations if needed/desired.
- Provide practice testing opportunities with the most recent versions of the practice tests.
- Provide individualized direct instruction in areas of need

## **Continued Academic Support for Certificate/Diploma Track Students**

- Provide academic enrichment
- Provide vocational skills
- Provide direct instruction in areas of need
- Monitor/assist with classes at community college or other post-secondary settings
- Small group social/communication skills support
- Provide consultation/collaboration with related service providers
- Saddleback College Outreach on the CLASS campus
- Consultation with support agencies (for example - Regional Center, Department of Rehabilitation, etc.) is included as appropriate for each student.