

CAPISTRANO UNIFIED SCHOOL DISTRICT  
San Juan Capistrano, California

**COACH, INTERSCHOLASTIC SPORTS**

**DEFINITION**

Under direction, to assist in the planning, development, and implementation of the policies, regulations, guidelines, and procedures pertaining to an interscholastic sports program; to serve as a resource concerning physical education and physical activity instruction; to instruct and train sports activities groups in attaining proficiency in sport related functions; and to do other related functions as directed.

**DISTINGUISHING CHARACTERISTICS**

This position classification requires professional expertise interscholastic sport activities commonly associated with public schools. Directly related teaching and instruction experience is required to perform demonstration teaching and athletic skill development. Problem analysis processes is required using prescribed interscholastic sport principles, methods and concepts. The position classification makes decisions of considerable consequence, in determining how best to compete in a secondary school sports program. The functional role of this position classification requires the application and interpretation of data, facts, procedures, regulations and policies. The incumbents meets frequently with school administrators, other staff and parents to communicate information, data, and alternative problem solutions. This a non-sedentary position classification that performs light to medium work that involves walking, running and standing for extended periods. This position requires accurate perception of sound, near and far vision, depth perception, handling and working with educational sport learning aids, materials and objects, and providing oral information and direction.

Reasonable accommodation may be made to enable a person with a disability to perform the essential functions of the job.

**EXAMPLES OF DUTIES**

- Plans, organizes, coordinates, and participates in the school site interscholastic sports program.
- Plans, organizes, and coordinates sports activities and training workouts, and coaches individuals concerning specific physical performance activities and procedures.
- Instructs and demonstrates the principles, methods and techniques of regulating the movement of body, hands, and feet to achieve maximum proficiency in the related sport activity.
- Observes sport participants during practice and workout sessions to detect and correct errors in activity procedures and methods.
- Instructs, explains and enforces health and safety rules and regulations.
- Develops and implements physical conditioning programs that allow athletes to achieve maximum performance.
- Reviews, audits and monitors sport activity related injuries and determines the most appropriate time for an athlete to return to active sport participation.
- Selects or assists in the selection of interscholastic sport activity uniforms and related sport apparatus and equipment.
- Assesses the athletic team skills and abilities and the opponents capabilities and determines game strategies.
- Provides a variety of interscholastic sport activities, which requires the coordination of travel and equipment transporting of out-the-area games and activities.
- Confers with, counsels, and advises site administrators concerning interscholastic sports programs and activities.
- May participate or coordinate opponent scouting activities.

- May perform a variety of demonstration teaching, and sport activity methods and techniques demonstrations for physical education instructional personnel and other sport activity coaches.
- May make recommendations to revise, update, and incorporate creative and innovative trends into the District interscholastic sports programs.

## **QUALIFICATIONS**

### **Knowledge of:**

Principles, goals, and objectives of public education;  
Methods, techniques, procedures, and strategies concerning the development and maintenance of an effective interscholastic sports program;  
Policies, regulations, and procedures pertaining to interscholastic sport performances;  
Interscholastic sports groups and organizations within the local community and the greater metropolitan area;  
Modern trends pertaining to interscholastic sports programs and activities.

### **Ability to:**

Provide specialized resource support and coordination of a creative and innovative interscholastic sports program;  
Analyze and assess interscholastic sports program needs, and offer recommendations pertaining to program activity revisions, additions, or deletions;  
Participate in the evaluation of the District interscholastic sports programs and activities;  
Understand and carry out oral and written directions with minimal accountability controls;  
Communicate effectively in oral and written form;  
Establish and maintain effective organization, community, and public relationships.

## **EXPERIENCE AND EDUCATION**

Any combination of experience and training that would likely provide the required knowledge and skill is qualifying. A typical way to obtain the required knowledge and skill would be:

### **Experience:**

Two years of experience as an interscholastic sports coach, including three years of experience performing specialized physical education instruction service at the secondary school level.

### **Education:**

Possession of an earned baccalaureate or higher degree from an accredited college or university in physical education, or closely related areas.

### **Certification Requirement:**

Possession of a valid Red Cross First Aid Certificate, including CPR training methods and procedures; training in the care and prevention of athletic injuries, possession of a valid CPR or related certificate, practical experience in team athletic conditioning, knowledge of the rules and regulations in the sport or game being coached, understanding of adolescent psychology as it relates to the sport, and training in substance abuse prevention, including, but not limited to, tobacco, alcohol, steroids, and human growth hormones.