

# Boost Your Benefits

Enjoy added coverage for certain medical conditions



The health of your teeth and gums is part of a bigger picture: your overall wellness. Gum disease is associated with a number of systemic conditions, and people with certain chronic conditions may benefit from additional periodontal (gum) cleanings. That's why your dental plan offers expanded coverage if you have been diagnosed with **diabetes**, **heart disease**, **HIV/AIDS**, **rheumatoid arthritis** or **stroke**.

Here's how opting into this expanded coverage will help you:

## SmileWay® Wellness Benefits

**100% coverage** for one periodontal scaling and root planing procedure per quadrant (D4341 or D4342) **per calendar year**

**100% coverage** for **four** of the following (any combination) per calendar year:

- prophylaxis (teeth cleaning) (D1110 or D1120)
- periodontal maintenance procedure (D4910)
- scaling in presence of moderate or severe gingival inflammation (D4346)

Service	PPO Providers' Contract Benefit Level	Premier and Non-Delta Dental Providers' Contract Benefit Level	Limitations
Routine cleaning, scaling in presence of moderate or severe gingival inflammation, and periodontal maintenance	100%	100%	Any combination of four (4) each calendar year
Periodontal scaling & root planing	100%	100%	Once every calendar year per quadrant with no more than two (2) quadrants covered on the same date of service

## SIGN UP ONLINE

1. Go to **deltadentalins.com**.
2. Log in to your Online Services account. (If you don't have one, click [Register](#).)
3. Click on the **Optional Benefits** tab in the left column.
4. Click on **Opt In** next to the name of the person you want to enroll. You can enroll yourself or a dependent child.
5. Complete and submit the form.

The left screenshot shows the 'Optional Benefits' section of the Delta Dental website. It features a sidebar with navigation links: Home, Benefits, Claims, Documents, Membership, and My Profile. The main content area is titled 'OPTIONAL BENEFITS' and includes a 'SmileWay Wellness Benefits' section. Below this, there is a table with columns for Enrollee, Status, and Actions. The table lists three enrollees: Tammy Burton, Raymond Burton, and James Burton. The Status column indicates whether they are receiving the benefit, and the Actions column provides links to 'Opt In', 'Update', or 'Opt Out'.

Enrollee	Status	Actions
Tammy Burton	Not receiving this benefit	<a href="#">Opt In</a>
Raymond Burton	Receiving this benefit	<a href="#">Update</a>   <a href="#">Opt Out</a>
James Burton	Not receiving this benefit	

The right screenshot shows the 'Opt In' form for a selected enrollee. It includes a 'Selected Enrollee: (NAME)' field, a 'Mark the selected enrollee's condition. If multiple apply, please indicate only the primary condition:' section with radio buttons for diabetes, heart (cardiovascular) disease, HIV/AIDS, rheumatoid arthritis, and stroke (cerebrovascular disease). There is also a checkbox for 'I certify that the selected enrollee has the condition marked above and thus is eligible for this program. I understand that Delta Dental has the right to confirm this information.' Below this are fields for 'Name of physician' and 'Phone number of physician', and 'Opt In' and 'Cancel' buttons.

Call **866-499-3001** to speak to a Customer Services representative Monday through Friday, 5 a.m. to 5 p.m., Pacific time.